

Warm heart heals cancer

In moments of pure selflessness one can experience warmth flowing around the heart. In that very moment, heart produces peptides with strong anticancerogenic effects. This finding has been theoretically anticipated by Dr. Emil Páleš from the Sophia foundation of Integral Studies in Bratislava. It has been experimentally confirmed by Dr. David Vesely from the University in South Florida, who made the discovery of cardiac hormones. Instead of expensive and poisonous chemotherapy – human body can produce its own natural healing substance induced by the act of moral will.

Dr. Emil Páleš, PhD.

is a former research fellow of the Slovak Academy of Sciences. Since 1994 he has founded and has been leading the *Sophia foundation* for integral studies. He is researching the time-patterns of creativity and paradigm-changes in individual psychology, world history and evolution of nature. His work bridges over ancient religious traditions with modern science. It is a continuation of the Slavic tradition of sophiology – which is an effort to synthesize different sources of knowledge (senses, reason and intuition). He was awarded the *Zdenek Klein Award for Human Ethology* by Charles University in Prague in 2008.